

# Galway's finest hand roasted coffee

AMERICANO €2.00

CAPPUCCINO €2.00

VANILLA LATTE €2.40

FLAT WHITE €2.00

CHAI LATTE €2.00

LATTE €2.00

MOCHA €2.00

HAZELNUT CAPPUCCINO €2.40

ESPRESSO MACCHIATO €2.00

HOT CHOCOLATE €2.00

Large Size - 30c extra  
Flavouring - 40c extra

CHECK WHAT'S IN OUR DISPLAY  
FOR TODAY'S TASTY TREATS!

# the galway roast

## How Galway's finest coffee gets to your cup!...

1



### the coffee berry

Coffee plants are generally grown between the tropics of cancer and Capricorn. There are two main coffee plants, Arabica and Robusta. Arabica accounts for 70% of the harvest with 30% coming from the Robusta tree.

2



### the bean

Once the berry ripens to a bright red colour, they are ready for harvest. The bean can be removed from the berry in two ways, using water or Dry process which is the oldest method of processing coffee. After harvest the entire cherry is cleaned and then placed in the sun to dry on large tables or in thin layers on large open patios.

We carefully select the beans that we are using in our current blend and import them directly to Tuam for roasting.

3



### the (Galway) roast

We roast each bean individually and then blend into our secret recipe ready for you to enjoy. Roasting is done to exact time and temperature limits and any change to either will affect the taste of the coffee in your cup.

4



### the grind

Once we roast the beans they are left to sit for 24 hours before they are ready to grind and make your favorite coffee

5



### your coffee!!

Our hard work means you get Galway's freshest cup of coffee!! Enjoy!!

[www.thegalwayroast.com](http://www.thegalwayroast.com)

## Galway's freshest cup of coffee...

## Breakfast

### TOASTED BAGEL

With jam & butter €2.00 With cream cheese €3.95  
With cream cheese & bacon €4.95

### SCRAMBLED EGGS & BACON €4.95

Served with toast & relish

### BREAKFAST PANNINI €4.90

Sausage & bacon with relish

### IRISH PORRIDGE €2.95

Served with Hot milk, honey and sultanas

### PANCAKES €4.95

Served with bacon or banana and maple syrup

### FRENCH TOAST €4.95

2 pieces served with bacon and maple syrup

### FULL IRISH BREAKFAST €6.95

Sausages, rasher, mushrooms, eggs, pudding and beans with toast and tea or coffee

### BREAKFAST BAGEL €4.50

Sausage, bacon, eggs and mayo on a seeded bagel

## Salads

All our salads are served with brown bread on the side  
If you like our salads with or without any of our ingredients, just ask!

### CHICKEN & BACON €5.95

Roasted chicken strips, bacon pieces, lettuce, tomatoes, cucumber, onion, sweetcorn and fresh pepper with your choice of dressing

### CHICKEN CAESAR SALAD €5.95

Roasted chicken strips, mixed leafs croutons topped with a Caesar dressing

### VEGETARIAN €5.95

Mixed leaf salad, rocket, onion, sun dried tomatoes, roasted peppers and feta cubes with a choice of dressing

### TUNA SALAD €5.95

Tuna, lettuce, pineapple, sweetcorn topped with caesar dressing

## Soup

### SOUP OF THE DAY €4.50

Choose from today's two options, served with brown bread

### CHECK THE BOARD FOR TODAY'S SPECIALS

## Sandwiches

### BLT €6.00

Crispy bacon, lettuce, mayo and tomato served on three layers of toasted brown or white bread

### CLUB €6.50

Roasted chicken, crispy bacon, lettuce, mayo & tomato on three layers of brown or white bread

### CHICKEN BURRITO €6.00

Roasted chicken, salsa sauce, spring onion and cheddar cheese served in a tomato tortilla wrap

### TUNA MELT €6.00

Tuna, spring onion and Swiss cheese served on a ciabatta

### VEG & HUMMUS WRAP €6.00

Roasted Mediterranean vegetables and hummus with pesto oil in a tomato wrap

### SEASONED CHICKEN BREAST €6.50

Roast chicken strips with tomatoes, rocket leaves topped with Italian dressing on toasted flat bread

### HAM & SWISS €6.00

Baked ham, Swiss cheese and tomatoes on a ciabatta with mustard

### CAJUN CHICKEN €6.00

Cajun chicken strips, mayo, onion and cheese served on toasted ciabatta bread

## Bagels

### BACON €5.95

Crispy bacon, cheddar, spring onion, sliced tomato & relish

### BRIE €5.95

Melted brie, crispy bacon, red peppers & spring onion

### HAM & CHEESE €5.95

Ham, cheese & onion

### CAJUN CHICKEN €5.95

Cajun chicken, Swiss cheese & mayo

### VEGGIE €5.95

Cream cheese, red peppers & salad

## Kiddies Menu

### CHEESE TOASTIE €2.50

### BANANA SAMBO €2.50

### SMALL JUICE €1.00

### BEANS ON TOAST €2.50

### SAUSAGES & TOAST €2.50